

Readings + 11th Sunday after Pentecost, Lect. 18 B + August 1, 2021

Prayer of the Day

O God, eternal goodness, immeasurable love, you place your gifts before us; we eat and are satisfied. Fill us and this world in all its need with the life that comes only from you, through Jesus Christ, our Savior and Lord. Amen

First Reading Exodus 16:2-4, 9-15

²The whole congregation of the Israelites complained against Moses and Aaron in the wilderness. ³The Israelites said to them, “If only we had died by the hand of the LORD in the land of Egypt, when we sat by the fleshpots and ate our fill of bread; for you have brought us out into this wilderness to kill this whole assembly with hunger.” ⁴Then the LORD said to Moses, “I am going to rain bread from heaven for you, and each day the people shall go out and gather enough for that day. In that way I will test them, whether they will follow my instruction or not.”

⁹Then Moses said to Aaron, “Say to the whole congregation of the Israelites, ‘Draw near to the LORD, for he has heard your complaining.’” ¹⁰And as Aaron spoke to the whole congregation of the Israelites, they looked toward the wilderness, and the glory of the LORD appeared in the cloud. ¹¹The LORD spoke to Moses and said, ¹²“I have heard the complaining of the Israelites; say to them, ‘At twilight you shall eat meat, and in the morning you shall have your fill of bread; then you shall know that I am the LORD your God.’”

¹³In the evening quails came up and covered the camp; and in the morning there was a layer of dew around the camp. ¹⁴When the layer of dew lifted, there on the surface of the wilderness was a fine flaky substance, as fine as frost on the ground. ¹⁵When the Israelites saw it, they said to one another, “What is it?” For they did not know what it was. Moses said to them, “It is the bread that the LORD has given you to eat.”

Psalmody Psalm 78:23-29

So God commanded the clouds above and opened the doors of heaven,
raining down manna upon them to eat and giving them grain from heaven.

So mortals ate the bread of angels; God provided for them food enough.

The LORD caused the east wind to blow in the heavens and powerfully led out the south wind,

raining down flesh upon them like dust and flying birds like the sand of the seas,

letting them fall in the midst of the camp and round about the dwellings.

So the people ate and were well filled, for God gave them what they craved.

Second Reading Ephesians 4:1-16

Paul writes: I therefore, the prisoner in the Lord, beg you to lead a life worthy of the calling to which you have been called, ²with all humility and gentleness, with patience, bearing with one another in love, ³making every effort to maintain the unity of the Spirit in the bond of peace.

⁴There is one body and one Spirit, just as you were called to the one hope of your calling, ⁵one Lord, one faith, one baptism, ⁶one God and Father of all, who is above all and through all and in all.

⁷But each of us was given grace according to the measure of Christ’s gift. ⁸Therefore it is said, “When he ascended on high he made captivity itself a captive; he gave gifts to his people.”

⁹(When it says, “He ascended,” what does it mean but that he had also descended into the lower parts of the earth? ¹⁰He who descended is the same one who ascended far above all the heavens, so that he might fill all things.) ¹¹The gifts he gave were that some would be apostles, some prophets, some evangelists, some pastors and teachers, ¹²to equip the saints for the work of ministry, for building up the body of Christ, ¹³until all of us come to the unity of the faith and of the knowledge of the Son of God, to maturity,

to the measure of the full stature of Christ. ¹⁴ We must no longer be children, tossed to and fro and blown about by every wind of doctrine, by people's trickery, by their craftiness in deceitful scheming. ¹⁵ But speaking the truth in love, we must grow up in every way into him who is the head, into Christ, ¹⁶ from whom the whole body, joined and knit together by every ligament with which it is equipped, as each part is working properly, promotes the body's growth in building itself up in love.

Holy Gospel John 6:(15-21)22-35

Note: the Gospel appointed for today is John 6:24-35. Included here are verses 16-21 from last week's Gospel (if we hadn't had St. James), plus 22-23, which the lectionary had omitted, and 15, for transition purposes. (We typically move the walking on water story from being attached at the end of the feeding story to starting the follow-up stories.)

As to the text, all the Gospels tell of the walking on water following the miraculous feeding. Only John tells the immediate aftermath to the feeding of 5,000, which will be our Gospel these next four weeks.

¹⁵ [(After the feeding of the five thousand,) when Jesus realized that they were about to come and take him by force to make him king, he withdrew again to the mountain by himself.

¹⁶ When evening came, his disciples went down to the sea, ¹⁷ got into a boat, and started across the sea to Capernaum. It was now dark, and Jesus had not yet come to them. ¹⁸ The sea became rough because a strong wind was blowing. ¹⁹ When they had rowed about three or four miles, they saw Jesus walking on the sea and coming near the boat, and they were terrified. ²⁰ But he said to them, "It is I; do not be afraid." ²¹ Then they wanted to take him into the boat, and immediately the boat reached the land toward which they were going.]

²² {The next day the crowd that had stayed on the other side of the sea saw that there had been only one boat there. They also saw that Jesus had not got into the boat with his disciples, but that his disciples had gone away alone. ²³ Then some boats from Tiberias came near the place where they had eaten the bread after the Lord had given thanks.} ²⁴ So when the crowd saw that neither Jesus nor his disciples were there, they themselves got into the boats and went to Capernaum looking for Jesus.

²⁵ When they found him on the other side of the sea, they said to him, "Rabbi, when did you come here?" ²⁶ Jesus answered them, "Very truly, I tell you, you are looking for me, not because you saw signs, but because you ate your fill of the loaves. ²⁷ Do not work for the food that perishes, but for the food that endures for eternal life, which the Son of Man will give you. For it is on him that God the Father has set his seal." ²⁸ Then they said to him, "What must we do to perform the works of God?" ²⁹ Jesus answered them, "This is the work of God, that you believe in him whom he has sent." ³⁰ So they said to him, "What sign are you going to give us then, so that we may see it and believe you? What work are you performing?" ³¹ Our ancestors ate the manna in the wilderness; as it is written, 'He gave them bread from heaven to eat.'" ³² Then Jesus said to them, "Very truly, I tell you, it was not Moses who gave you the bread from heaven, but it is my Father who gives you the true bread from heaven. ³³ For the bread of God is that which comes down from heaven and gives life to the world." ³⁴ They said to him, "Sir, give us this bread always." ³⁵ Jesus said to them, "I am the bread of life. Whoever comes to me will never be hungry, and whoever believes in me will never be thirsty."