

Readings + The First Sunday in Lent, year B + February 18, 2024

Prayer of the Day

Holy God, heavenly Father, in the waters of the flood you saved the chosen, and in the wilderness of temptation you protected your Son from sin. Renew us in our baptism. May your holy angels be with us, that the wicked foe may have no power over us, through Jesus Christ, our Savior and Lord, who lives and reigns with you and the Holy Spirit, one God, now and forever. Amen

First Reading Genesis 9:8-17

⁸ God said to Noah and to his family with him, ⁹“As for me, I am establishing my covenant with you and your descendants after you, ¹⁰and with every living creature that is with you, the birds, the domestic animals, and every animal of the earth with you, as many as came out of the ark. ¹¹I establish my covenant with you, that never again shall all flesh be cut off by the waters of a flood, and never again shall there be a flood to destroy the earth.” ¹² God said, “This is the sign of the covenant that I make between me and you and every living creature that is with you, for all future generations: ¹³I have set my bow in the clouds, and it shall be a sign of the covenant between me and the earth. ¹⁴When I bring clouds over the earth and the bow is seen in the clouds, ¹⁵I will remember my covenant that is between me and you and every living creature of all flesh; and the waters shall never again become a flood to destroy all flesh. ¹⁶When the bow is in the clouds, I will see it and remember the everlasting covenant between God and every living creature of all flesh that is on the earth.” ¹⁷ God said to Noah, “This is the sign of the covenant that I have established between me and all flesh that is on the earth.”

Psalmody Psalm 25:1-10

To you, O LORD, I lift up my soul.

My God, I put my trust in you; let me not be put to shame, nor let my enemies triumph over me.

Let none who look to you be put to shame; rather let those be put to shame who are treacherous.

Show me your ways, O LORD, and teach me your paths.

Lead me in your truth and teach me, for you are the God of my salvation; in you have I trusted all the day long.

Remember, O LORD, your compassion and love, for they are from everlasting.

Remember not the sins of my youth and my transgressions; remember me according to your steadfast love and for the sake of your goodness, O LORD.

You are gracious and upright, O LORD; therefore you teach sinners in your way.

You lead the lowly in justice and teach the lowly your way.

All your paths, O LORD, are steadfast love and faithfulness to those who keep your covenant and your testimonies.

Second Reading 1 Peter 3:18-22

*Peter writes:*¹⁸ Christ also suffered for sins once for all, the righteous for the unrighteous, in order to bring you to God. Christ was put to death in the flesh but made alive in the spirit, ¹⁹in which also Christ went and made a proclamation to the spirits in prison, ²⁰who in former times did not obey, when God waited patiently in the days of Noah, during the building of the ark, in which a few, that is, eight lives, were saved through water. ²¹And baptism, which this prefigured, now saves you—not as a removal of dirt from the body, but as an appeal to God for a good conscience, through the resurrection of Jesus Christ, ²²who has gone into heaven and is at the right hand of God, with angels, authorities, and powers made subject to Christ.

Holy Gospel Mark 1:9-15

Each year on the First Sunday in Lent we hear of Jesus' temptation. Mark's account is by far the shortest; he only notes (in just three words!!) that the temptation happened. Matthew and Luke give us the details.

⁹In those days Jesus came from Nazareth of Galilee and was baptized by John in the Jordan. ¹⁰And just as Jesus was coming up out of the water, he saw the heavens torn apart and the Spirit descending like a dove on him. ¹¹And a voice came from the heavens, "You are my Son, the Beloved; with you I am well pleased." ¹²And the Spirit immediately drove Jesus out into the wilderness. ¹³He was in the wilderness forty days,

tempted by Satan; and he was with the wild beasts; and the angels waited on him.

¹⁴Now after John was arrested, Jesus came to Galilee, proclaiming the good news of God, ¹⁵and saying, "The time is fulfilled, and the dominion of God has come near; repent, and believe in the good news."